



ပုံရွာမြို့ မဟာလယ်တီတိုက် ကျမ်းပြုအကျော်
လယ်တီဆရာတော်ဘုရားကြီး
ပြုစုတော်မူသော

သောမနဿူပေတ္တာ ဒီပနီ

ဝိရတိသီလ ဝိနိစ္ဆယ

သိက္ခာဂဟဏ ဝိနိစ္ဆယ

ဗဒ္ဓသီလ ဝိနိစ္ဆယ

ဝိကာလဘောဓနသိက္ခာပုဒ်အဆုံးအဖြတ်



သောမနုဿုပေက္ခာဒိပနိ



ဟံသာဝတီ

aomreó hyuñ 'yeD

rmwum

t bd mpu

edgf

avoufTulaxmrenjif

q&mfyguhaxmrenjif

owénft bdrénf

t bdrénfoubuf

t bdrénf qmrñvif

owénfoubuf

b&mvni fwl#baE"

rh&wrQaomreó



MZmwrQaomreó

bn0emESfaomreó

umrt &maomreó kyum

t usay; ufjcmYH

aomreó kyum g

r[*Kwt &maomreó kyum

avmukv&maomreó kyum

o0yg' d o o e Aref

t r y r m & S b m & y k v & m

t boP ref & S arm * 1/2 ref

qkwmi f

etH

aomreó kyum DeDurf rmwduNyD

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t bđ mpu

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(ရှေ့တောင်မြို့နေ အောက်စာရင်းပါ ဒါယကာအများတို့က မုံရွာမြို့လယ်တီတောရ ဆရာတော်ဘုရားကြီးထံ လျှောက်ထားတောင်းပန်ချက်။ ၁၂၆၆-ခု။ ပဌမဝါဆိုလဆုတ် ၁၂-ရက်။)

ဘုရားတပည့်တော် ရှေ့တောင်မြို့နေ တိုက်သူကြီး မောင်အောင်လှ၊ ဆရာမောင်သာမောင်၊ ၎င်းမြို့နေ မောင်စံမြ၊ မောင်မှတ်ကြီး၊ ဆရာညို၊ ကိုနုတို့က အရှင်မြတ်ဘုရား၏ နေ့စဉ်မပြတ် သွန်းပို့တော်မူသော မေတ္တာတော်ကို ဦးဖြင့် ခံယူလျက် အလွန်ရှိသေစွာ ခြေတော်ဦးခိုက် လျှောက်ကြားလိုက်ပါသည်။ သကျပုတ္တယ ဝံသန္တယ်စဉ် အရှင်သူမြတ်ဘုရား၊ ယခု ဘုရားတပည့်တော်တို့ ရှေ့တောင်မြို့တွင် အစိုစို အငန်းငန်း ကျမ်းအဖြာဖြာ သဘာဝအာဂမ ယုတ္တိပြုလျက် ဒီနပြုလုပ်ကြသောအခန်း၌ ကာမကုသိုလ် စေတနာ၊ ဥပေက္ခာ-သောမနဿ်၊ သည်နှစ်ရပ်တို့တွင်၊ တစ်ဦးထက်တစ်ဦး၊ အထူးဝိသေသ၊ ဗလဝ ဖြစ်ကြောင်း များကို ပါဠိအဋ္ဌကထာ ဋီကာအစုစု အနုမဇရ် ထိုထိုသာမက တင်ဆောင်ပြုလျက် ဝိနိစ္ဆယ ပြုလုပ်တော်မူကြပါသည်။

ထိုသို့ပြုဖော် ဝါဒတော်တို့တွင် ဥပေက္ခာကုသိုလ်ထက် ကြည့်ညှိ ဖြောင့်စင်း ဝမ်းမြောက်ခြင်းနှင့်လျှူသောဒီန သောမနဿကုသိုလ်က ဗလဝဖြစ်ကြောင်းကို

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ပုဗ္ဗေဝဒီန သုမနော။ စသော ဆဋ္ဌင်္ဂံသုတ် ပါဠိတော် ။

ပုဗ္ဗေဝဒီန သုမနောတိ။ လ ။ သောမနဿပုတ္တော ။ ။ ဟူသော

၎င်းအဋ္ဌကထာ။



စာစဉ်

စီဝရဒီသု ။ လ ။ သောမနဿစိတ္တေန အနုဿဏေစာတိ
တိသုကာလေသု ပဝတ္တာစေတနာ အိနမယာနာမ။ ။ ဟူသော သမ္မော
အဋ္ဌကထာ။

အိနတောပုဗ္ဗေ။ လ ။ သောမနဿ သဟဂတဘာဝေါ စေတနာ
သမ္ပအိနာမ ။ ။ ဟူသော ဓမ္မပဒအဋ္ဌကထာ။

အိနဥ နာမ တိသောစေတနာ ပရိပုဏ္ဏကာတုံ သက္ကောန္တသေဝ
မဟပ္ပလ တရံဟောတိ။ ။ ဟူသော ၎င်းအဋ္ဌကထာ။

အဇ္ဇမေ အိနပါရမိ။ လ ။ သောမနဿဇာတာ အဟေသံ။ ။ ဟူသော
စရိယာပိဋက အဋ္ဌကထာ။

ဤသို့စသော ဂန္ထန္တရ အပေါင်း အကြောင်းတို့ဖြင့် ပြန်ပြောင်း ဘွေရှာ
စာနာနှိုင်းယှဉ်ကာ အလုံးစုံဒေသနာ များစွာသော ကျမ်းတို့ကပင် သောမနဿ
အိနသည် ဗလဝဖြစ်ကြောင်း ဘုရားအလောင်း သူတော်ကောင်းတို့ တမျှ
ကြောင်းသဘွယ် နုနယ်စဉ်က ဝေသန်မင်းကျအောင်ပင် သောမနဿ
စေတနာဖြင့်သာ သမ္ပအိ အိနဖြစ်အောင် လျှာဘူးကြောင်း။ ။ ဘုရားလောင်းတို့
နည်းကောင်းလမ်းမှန် ငြိမ်းသဏ္ဍာန်သို့ သုတ္တန်စသော ပိဋကတ်တို့၌
ဆတ်ဆတ်ကြီး ဟောပြတော်မူလျက် ရှိပါပြီကို ဥပေက္ခာ အိနနှင့်ပြုရမည်
ဟူ၍လည်းကျမ်းမလာ၊ ပြုဘူးသော ထုံးသည်လည်း လုံးလုံးဘဲ မပါသော
ဥပေက္ခာအိနသည် မုချအကျိုးပေး နုန့်နှေးသိမ်ဖျင်း အားနည်းခြင်းဖြစ်ရာ၏ဟု
ဆရာတစ်ဦးက ဩဝါဒေကား ရေးသားဆုံးမပါသည်။

ဥပေက္ခာက သောမနဿထက် မဟပ္ပလအဖြစ် နှစ်သက် ကိုက်ညီသော
ဆရာတို့ကလည်း ၎င်းဥပေက္ခာသည် ကြီးစွာသော အာနိသံသကို သောမနဿ



ထက်ပေးလျက် ပါဠိအဋ္ဌကထာ ဋီကာ အစောင်စောင်တို့၌ အင်္ဂါတစ်ပါးပြု၍ မဟောခြင်းသည်ကား သောမနဿဝေဒနာသည် ရုန့်ရင်း သောသဘော၊ နှလုံးသွင်း လွယ်ကူသောသဘော ရှိသောကြောင့်သာ တိုက်ရိုက်ထင်ထင် အစဉ် အားဖြင့် ဟောပြောတော်မူခြင်းမျှသာဖြစ်သည်။ ဥပေက္ခာမှာမူကား သိမ်မွေ့သော သုခုမသဘော၊ ပြုတို့ခဲယဉ်းသော ဒုက္ကရာသဘောဖြစ်၍ ကျမ်းဂန်တို့၌ တိုက်ရိုက် မဖော်ပြခြင်းဖြစ်သည်။ အကယ်၍ ဥပေက္ခာ ပဏီတဒါနဖြစ်အောင် ပြုနိုင်ပါမူကား အတိုင်းထက်အလွန် အမွန်အမြတ်ဖြစ်ကြောင်းကို “သာသုခုမာ ဒုဗ္ဗိညေယျာ၊ နသက္ကာ သုခေန ဂဟေတုံ” ဟူသော ပါရာဇိကဏ် အဋ္ဌကထာပါဠိကို၎င်း။

ဥပေက္ခာဝေဒနာသည် သိမ်မွေ့သောအဖြစ်၊ ကိလေသာမှ ဝေးသော အဖြစ်၊ ပြန့်ပြောသော အဖြစ်တို့ရှိကြောင်းကို။

သန္တသဘာဝတောတိ။ လ ။ ဥပေက္ခာယအာနိသံသာ ဒဋ္ဌဗ္ဗာ ဟူသော မဟာဋီကာကို သာဓက ဆောင်ပြသည့်အပြင် ဥပေက္ခာတွင်ရှိသောဉာဏ်သည် ဂမ္ဘီရဉာဏ်ဖြစ်ကြောင်း ဂမ္ဘီရဉာဏ်ဟူသည်လည်း “ဂမ္ဘီရ ပစ္စဝေက္ခနာ နာမ။ လ ။ ပဘေဒ ပစ္စဝေက္ခဏာ။” ဟူသော သုတ်မဟာဝါ အဋ္ဌကထာနှင့်အညီ။

ခန္ဓာစသော တရားတို့၌ ထိုးထွင်း၍သိမြင်နိုင်သောဉာဏ်၊ ဥပေက္ခာ နှင့်ယှဉ်သော ဉာဏ်သည်သာ ဗလဝ ဖြစ်ကြောင်း။

ဂမ္ဘီရ ပကတိက တာနာမ မဟဇ္ဈာသယတာ။

ဟူသော ပရမတ္ထဒီပနီ ဋီကာနှင့်အညီ ပြည့်စုံသော အလျှူခံစသည် ဖြစ်စေကာမူ မရောင့်ရဲနိုင်သဖြင့် အားကြီးသော အဇ္ဈာသယသည် ဥပေက္ခာမှာ ရှိကြောင်း၊ ထိုသို့ဖြစ်၍။

တဗ္ဗိပရိယာယေန။ ။ ဟူသော ဋီကာကျော်ပါငြ်ကို အထက် အဆိုပါကျမ်းတို့နှင့်ညှိနှိုင်းရာ အလျှူခံစသည်မပြည့်စုံခြင်း၊ ပြည့်စုံခြင်း နှစ်ပါး



ပင်ရှိသော်လည်း ဝမ်းနည်းခြင်း၊ ဝမ်းမြောက်ခြင်းတို့မှ လွတ်ကင်းဝေးကွာ ဉာဏပဓာန ဂမ္ဘီရသဘော ပြဌာန်းလျက် တတ်စွမ်းနိုင်သော သဘောသတ္တိရှိ ပေသည်။

သို့အတွက်ကြောင့် သောမနဿထက် ဗလဝအဖြစ် စင်စစ် သိသာ ကောင်းစွာ ထင်ရှားလှသည်ဟု ၎င်းတစ်ဝါဒ ဟောပြည့်နှံကြားပါသည်။

သို့လိုနှစ်ဘက် ဆုံးဖြတ်ချက်တို့ကို ဆောင်ရွက်လိုက်နာ ပညာ နည်းပါး တပည့်သားတို့မှာ စိတ်ထားကပုံမသေ၊ ဉာဏ်သွားကခပ်ပြေပြေ ဆရာများ သားသေ ဆိုသကဲ့သို့ အနေမကျ ပသက်ရှိကြပါသောကြောင့် ဘုရား တပည့် တော်တို့၏ ချွတ်ချော်ယွင်းပါး ယုံမှာသင်္ကာ ဉာဏ်မသမာကို အနာနှင့်ဆေး လျှော်ရာပေးသို့ ယထာဘူတ မုချမှတ်သားပါရအောင်။

(အကောက်အကျစ်၊ ကျမ်းဝယ်ဖြစ်သား၊ ဆိုးညစ်ခလုတ်၊ ပါဠိသစ်ငုပ်က၊ စသည်မကျန်၊ လက်ဝံတန်လျက်၊ တတ်ပွန်ကျယ်ဝန်း၊ ဆန်းအလင်္ကာ၊ ဘွဲ့နည်းနာဖြင့် စိန္တသုတ၊ အတ္တကပိ၊ ပဋိဘာန၊ ဤမျှလေးကြိမ်၊ ဂုဏ်သိမ်နှစ်စည်၊ ပညာသည်ကား၊ လူရည်ကြီးကြီး၊ ပြည်ပရုံးသို့ လက်ရုံးအားယူ၊ ဆန်သည်မူဖြင့်၊ လိုသူလာစေ၊ ပါဠိ မပြေလည်၊ ဖြေအံ့ဟူသည်၊ ဉာဏ်ဝတ်တည်လျက်၊ ကြီးကျယ် အားသံ၊ အလာခံအံ့။)

ဟူသည်နှင့်အညီ ပိဋကတ္တယဆေက ဂန္ထရုဗဟုသုတ နာနာနယ ကောဝိဒ ဗျာကရဏသုဝိညေယျ ပရိယတ္တိ ဝိသာရဒဂုဏ် ပြည့်စုံလောကဇ ကုန်တံ လှသော အရှင်ဖြစ်ပါ၍ ပသက်နှစ်ဘက် ယုံမှားချက်တို့ကို နှစ်သက်တော်မူသော ဩဝါဒဝိနိစ္ဆယစကား ရေးသား ကယ်မတော်မူပါမည့်အကြောင်း။

ဝိနိစ္ဆယမရှိကမူ ဒွိဟသဘော တွေးတောယူမှတ်၍ ပရိသတ် လူရှင်တို့ အစဉ်လိုက်ကွဲပြား ကံဒွါရများကဲ့သို့ တရားသို့မသက်ဝင်ဘဲ စိတ်ထင်ရာ



အမေ့ဖြင့်သာ သာသနာပိပတ္တိ ဒေါသမူဘိကြ၍ အတိသံဃဋ္ဌ ကလျာဏအသင်းသို့ စာရင်းရေမပါရမည်ကို တွေးဆမြော်လင့် ထောက်ချင့် စိုးရိမ်ပါသည်လည်း တစ်ကြောင်း။

သောဝစသတာ မင်္ဂလာအရဖြင့်ဝိနိစ္ဆယပြုရန် တောင်းပန်သော ဒါယကာတစ်စုတို့မှာ-

ပါဠိသရုပ်၊ ပါဠိနေရှုပ်၊ လူနပ် မသိမိုင်း

ဟူသကဲ့သို့ ကျမ်းဂန်အရာ အပြာဖြာကို ထင်ရာရော်ရမ်း မိုးလက် လှမ်းသို့ နည်းလမ်းမကျ ဖြစ်ပါလှသောကြောင့် အနက်အရာ ပညာရှေ့သွား ဖြစ်ရကား။

(တကျွန်းခြားရာ၊ ပင်လယ်မှာလည်း၊ ရောက်သာခဲက၊ ဒုဟမျှ တည်း၊ အနည်းမဟူ၊ ဖြေပိဋ်သို့ အယူဝိုးဝါး၊ ရှိစဉ်သွား၍၊ တတ်အား သမျှ မကျနိုင်လေ၊ တပိုဒ်ကြေကို၊ စင်စေအစေး။)

ဟူသည်နှင့်အညီ ကိုယ်တော်အရှင်၏ မိန့်ဆင်ဟောပြု ဓမ္မစက်လွှာ ရိန္ဒမာကို သက်ရာအဆုံး စွဲသုံးလေ့လာ လိုကြပါသည်လည်းတကြောင်း၊ သို့အတွက်ကြောင့် ဒါယကာအများ တပည့်သားတို့သည် တရားသဘော ယောနိသော မနသိကာရ မုချမှတ်သားပါရအောင် ပညာသဌေး ဉာဏ်လျှပေး၍ ကံကြွေးဝတ္ထု ပြုစုဝေငှတော်မူလိုသော သဘောဆန္ဒ အာသိသတော်ရှိ သည်နှင့် အညီ ချီးမြှောက်ခြင်းကိုအကြောင်းပြု၍ ယခုမှများမကြာ ဆရာတော်အရှင် ဘုရား၏ မိန့်ကြားသောဓမ္မစက်ကို ဆောင်ရွက်မှတ်သားကြရပေတော့မည်ဟု တပည့်တော်များ အသင်းသားတစ်စုတို့၏ နှလုံး၌ စွဲသုံးမှတ်သား စောင့်စားမြော် လင့်လျက် ရှိကြပါသည်အကြောင်း-ညွတ်ပျောင်းရိုကျိုး လက်စုံမိုး၍ ရှိမိုးနားတော် လျှောက်ဝံ့ပါသည်၊ အာရည်က ဘယဒေသီ ဇာနည်မာတင် ပါရင်တစ်ဆူ ဖြစ်တော်မူသော အရှင်မြတ်ဘုရား။

ed gef

ကျမ်းအမည်

þ usrfpmum obm0"rjzpaom Orfajrmufrl
aomreó çv pfv 1/10ayumw owveht qit aumif
t aMmif, kvfrwfr[yw r[meob t usay;Ehlyk 00
t ppt jnzmuhaocspnqkzwi 1/5fvifpn az:jyxm
onEsh nD]aomró kyua DeD [þ usrfpmu&;om
awmrbhom]]v, fvdj&mawmf&mbu) u# fwlfi ft rnf
wifcygMmif/

ကျမ်းပြုခြင်းရာ

þ usrfpmu&;omay;jzpef wGf 1266-ck yXr
OgqW qkwf 12-&ufaeYzi ha!Awmi N'W' g unwpbkWu
avQuk m v uhaom avQuk m p m /Gubnf q&mawmf H
arSub N=ifcEsf' kvd OgqW qkwf 15-&ufaeYSa&mu f&Sm
aemuf 1266-cEsf' Ogcg f v qef 8-&ufaeVWcf þ usrfpmu
a&;omat mi fri fyDpaponf jzpaomaMmif h q&mawmf
b&mbuonf þ usrfpmu&ufvpywft wGf t NyDa;ay;
vubnlf krsfqoEhayaMmif/

ဆရာတော် အလို

o&;omay;vhu&mü q&mawmf&mbu) t v# &rn
Oepä wpâpmi fvpbGwu, þ usrfpmu) ae a&;omay;



tpol

dōnfr[kwáy? obn/40 enfi, faznfyāom pmwefi, f
 t aeom &nfqí a&;omay;cygonfullyofremjrWf
 awmawmi Di f OgwGft cgpmayusrf* eES byāom Av dAm'
 rsmul&Sfvifaecu fupbōnES h0eđā wphāpmi f wphōzpf
 at mi f ra&;on&āeonf[hom q&mwān\ed gefpum?
 aomreó kyumūxmonf[hom edHōumwZi hxi&S
 obnEhōnfzpfygaMimi f/

úđđođo

oHōmp usrfpmulōHōyMān hū t qH zwfzi fynh
 aeji f paomusrfpm* P wZi h v QfzmpHpv suf&āeMimi ful
 aumi fpaawGri b&M&rnōm jzp&mr[mon& om' ue*đ
 t axmut xm t qH zwfzi fyn h v sōmt "duusrfpmūD
 wphāpmi f wphōzpfōm jzphōmaMimi hōbn0ç om' uç 0eđā
 pont rāCoabn/4oabn&i fulp rfoHōy fci f&Māom
 t rākaumi fom avmukv&mpmay v lūpmōlsm t wGf
 t xlozi &nplvsufu Ekf w Hōn0wDyHōfwūfyg/d&MūD
 q&mÓP f r&āomyg/d&MōDāmi RūD0Mi fāmi ?0DpDi f?
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[Hm0wD



aomreó hyuá ' yed

earmwó b*0awmt &[awm
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avQuufTuH axmenjci f

a/Tawmi r/ae Oygounjzpb l vlynm/á rsmwU
aomreó OayupumESfav Quukm vubnfpv tonf
' kvd OgqV kvf15-&uf0yb áeV Gfi gw xB H&mu f m
onf ãifpm TwGfyg/á brQ t p t v, ft qk v HkH
MnHma/Synn/á Uvub Henfx WÉH Hppypumwwf
w&mw wfES&ypG p Hav mu f H *gt nibmojzi hynm/á
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q&mEsfyguH axmenjci f

Oepä a&omMu ol Oñy@ynn/ESDDW nft x l
t cft v Gw& ynrsupdt jri f/á mojzi hygvt jnzjm
t |uxnt v D#Dmt r/á t ut axmu f v v mu f k f S
jynpMu onES h kmt mabnft vawnES hoi havnf D Gv
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b&mt mabnft vawnf qonum owa' oemü
t vawnfprá t bdrá' oemü t vawnfprá [l
Esrá/á ? hvGfowa' oemnf, xmEa vmromem



jzpf "ry#d% u a0ae, swN y&rDn&umvb0ur6
 oH&mt ququfwH avlusufuipm y&rmwnâxmi f
 vmcHom0goemp%uft ouf t K vHvHut uef%jrmf
 awnfNDRSa0ae, st if mESfw&muHwifwmi a' oem
 t wHumuH a%caumuf a[mawnf&njzphâomaMimi h
 a0ae, ZÑo, jyXmejci f%N? t mo, nEk, ÓP f£ Ed
 ya&my&d wÓPfwN t c&jzpfN? t en0&P ÓP foAñkv
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 eufuS Dsfü ÓP p&ft w&fpuLefvT&njzphâomaMimi h
 t wZÑo, jy|mejci f%N/ t en0&ÓP foAñkv ÓPfwN
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 t c&h[kv? pona' oemEsfygrnb&mt vawnfEsf&jzpf
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 Oepä onfokvea' oemuH a[mawnf&homjrwp&h&m\
 t vawnfEShoi h vnfndv sy\? OayuHq&m\
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 t vawnfEShoi h vnfndv sy\? nDvHm aomreó
 a0' emonfow&gwuHami frLobHfw&m\
 v&pf&ft mus apEhN? wpygaom ow&gubr q&mbOD
 oAñk avni f awnf t uv&S&aobnf t v&fP&ot m q&Dmrygaom



urÁf/ÁyfkvfuH rtdoH qmi bJ oKufwHfwHfvS gef&m
yDdomreó jzpfvS wpfvEpfv ywfvHyifrdroH qmi f
bJvS gefi aevN [kt muawnfN? wpygaomowogwH
qHbG &mr1/8

ubHvfaumi frli t musrIt mwufbnfvnf vKscr
omewfscr fomjA [rscr fomr*fv feAefscr fomwHv 6p6a
aqmi faomt rjzpf? p oVQ faomreó ubHvbnfowog
wH m crfont rscrHjci fi g v 6p6ausZlyK H faomw&m
jzpay\? okvea' oemulla [mawnfraom jrwp6b&monf
a0ae, s owogt aygfwN t RuKup1/8uES hvlu favsní
v 6p6ausZlyK H faomw&mult xGvt jrwfcsDrGfi a[m
awnfNjzpf? xH Mimi faomreó q&m\ Oepä onfokvef
a' oemulla [mawnfraom jrwp6b&m\ t vawnES hoi h
avsnfv syownf/

t bdrna' oemulla [mawnfraom jrwp6b&monf
a0ae, swN t RuKup1/8ufuH hri Asy&1/8bzi hNdfbu
aomw&mult , kvf nHk a[mawnfN? Asy&r1/8bzi h
Ndfbu faomw&mult jrwyK a[mawnfN? r[mukHv
onf aumi fscr fomuly; jci fi g Asy&1/8oma Mimi hNdf
oufci fr1/8um [DrnN? r[nOyubnft usay; jci fi g
Asy&r1/8oma Mimi hNdfbu ay&um yP DrnN [ka[m
awnfN? xH wlaomreó a0' emonf1/8kzi faomAsy&1/8
aoma Mimi hNdfbu fci fr1/8um [DrnN?0ayuna0' emonf



Asy&r/8omaMini hNdf bouáy&um yP DrnN [ka[mawnf
rN? [Dqbnúm t , kwf nHvnf? yP Dwqbnúm
t xGwf jrwfvnf/

þoN Qf 0ayua0' emonf Asy&r/8ozi hNdf bou
aomw&m t s&zpáy\?t bdr@a' oemula [mawnf hom
jrwpG&monfrNdf bouáomw&mcNdf bouáomw&m ESyg
½SV QfNdf bouáomw&mut xGwf jrwfD&Gfi a[mawnf
rNzpf\?xHMmi 0ayuaq&m\ Oepä onft bdr@a' oem
ula [mawnf homjrwpG&\ t vHwnES hoi h&vsfnD&Gwf
v&ayownf/ ¼yOp&pvf t ¼yOp&pvf avmuk&mpvfvH
vnf ubv pvpkul [D&Oygupvpkul yP Dw [i a[mawnf
rbnf

þum ES0aomq&mwH Oepä onft oD oDb&m
t vHwnES hoi h&vsfnD&GMyHdyqjci fwnf/

qBG t xlrúm q&NES0DwNnf t csi fci f qeYusi f
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jzpfyM& t vHDef 0Daxmi AH qbl awni fyetsuES h
igwYifaomreó 0ayua0epä a&i zw&M&ap&mwGf
00g ay Ndfb)\?, ck cgyOfremH&sm0g H&fzpf xOepä
ulvnf a½awmi H&Hray;wH&faeon? t opä&omí
ay&rn&vnf yOfremH&Gf awmawmi Di f OgwGft cg



tpoñ

aomreó kyuñ DeD

pmayusr* eES pñ aom Av dAm" rm uñ ½ s fviñi aecuñ
jzpbñ ES ðepä wpäpmi fvpbñ zpäñ mi fra& on/ ðeonñ
rd babñ & ðift uofcñ ft "yñ lub mxiñ fipñ majñ ny
vñ uññ

okweññ t bñ ðeññ

t , kwñt jr wññ fonñ okweññ t bñ ðeññ ES ðyğ
½ ð? av m brpwñ t uobñ pwñ zpäñ okweññ t mziñ h
t jr wñ & t , kwññ zpäñ / t bñ ðeññ t mziñ ðay uññ av ; ck
onñ jr wññ / aomreó av ; cñññ, kwññ / r[muobñ pwñ
um okweññ t mziñ ho 'ğw & m ES ðyñ ðjñ fç ÓP t jri ES h
jññ ðjñ fç a mziñ zpäñ aomreó av ; cñññ t uññ ðay ; Ruññ
aoma mziñ jr wññ / o 'ğw & m ÓP t jri ES ðyğ r S cñññ wññ
ðay uññ av ; cñññ t uññ ðay ; kwññ ðoma mziñ h, kwññ / þü
o'ğyññ ES ðyğ cñññ wññ ðq ðonñ um EK ðññ t menñ fonñ uññ P
a ðyññ ðjñ fç qññ ñvññ xubebññ t m Ruññ ðonñ uññ /

t bñ ðeññ t mziñ hñ um jñ ðññ bñññ wññ f ðay uññ
av ; ckñ t jr wññ ðññ bñññ wññ f aomreó av ; ckñ
t , kwññ ðv /

llubvmyet yÜygum ðVññ ðum A [ðygum cñññ

[ð q ðomt | mux menñ fonñ um okweññ ES ðvññ
xyññ / þoobñ ðweññ t bñ ðeññ ES ðvññ ½ ðññ uññ av /
xññ wññ f okweññ fonñ um a ðae, so w ð g wññ uññ ðyññ
rññ ðebubññ ay wññ / oubuññ t uññ ðay ; rññ ðññ ðom ðyğ f



pvrfrukt jrwl vcrfomewfcrfomjA [rcrfom [hom
 t usukifç b&mt jzpf yapüAkgt jzpf t &d monDu
 t jzpfukifay,Edfomubov pvrfrukt , kwf ka[mawmf
 rhomt bdrnfonfowogwtt musba[maomenf
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t bdrnfonubuf

, ct cg t bdrnfonukt wei , fyqt HObif
 yvawmf ubvft ubvEfygnf , kwf/ t Asuw
 onfrw\ [ka[mawmfN/

a[mawmfraomyvum
 ||ubovmubovm[Dm? t AsuwmyP Dm}}
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xvgvdt zCfit |uxmum
 ||a' Gdukovm ukova0'em oAsygy& awm
 oOó m[awm oOyguawm p MbVn&um? Okvá
 Oyd&d na, e ' bdmtydt Asuwmokkn}}

[bnfnf?M |n&du [D Efygt wwl okk yP Dv
 t wwl



t |uxm yg' av Quif "yü lüm Esygaom ubHf
 a0' emt ubHf á0' emwH onfwH &efy ma0e Asy&upö
 um, uH OpDuHraemuH wlykyi &ef0ó m[upöH Mavaom
 aMmi fi fç aH Hraumi fusH aumi fusH uhy; &ef0yguupö
 1/2 MavaomaMmi fi f? &efi fueH?, kwH HukH / Oygurid m
 t Asmuw w&mwH onfwlyH &ef t ma0e Asy&upö 1/2
 um, uH OpDuHraemuH wlykyi &ef0ó m[upö 1/2 aumi fusH
 raumi fusH uhy; &ef0yguupö 1/2 M ukaomaMmi bdfarU
 ukeH? r6frwH ukeH [kH

þpumrH Oyguf AsmuwwH Asy&upö0ó m[upö
 OygupöoH csufH uif / Rid mt AsmuwwH Oygupö
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 , It xukH kyaomt bdrnygt |uxnygH t "yü f

þum t bdrnfü t , kwf jrwhH &efrH Qazny
 csufvnf /

t bdrnfü t , kwqH wlf t oH us yp&vH rnf
 rrvfviubH rfu t &[wa*lyift , kwqH? t bdrn
 enfü t jrwhH wlf owH ogwH t usH pDyrmaMmi fü
 t oH usvH rnf rxifviH ayurH rfu t ubH lyift jrwh
 qH? r[mubH ESfir[mOyguwH fr[mubH fult , kwf
 r[mOyguult jrwhH? t bdrnfü t jrwhH bnubmigi
 jzpáprnft , kwqH bnubmigi, fH rnrqH Qfb0ifr[m
 OygufH rmpH jzpápcifi sn t yH ysnf cnf ae&vH rnf?



ubv faumi frsmuBHykcv Qft , kwzpv dfrnft bdrH
Ovn&#DunrP ríE#DunwH avnrbpvt &mwGf0ayuH
uHAv0w&[kqM onfrsvnf pt bdrHnfrstyiifzpf
onf

t bdrHnf qmrNDviH

avm uavmukv&mcxfompyGv kyf eBvDwefveESH
aeMu káoma/zwumwHsnokwéfnfonbmi gwqH&M[k
rsvrHwH ajct aeESHrweF&maomt bdrHnfufqmrND
csi MviviH qmrND csi MviviHqonum oiM mavlvmrI
uqbonfr[kwfge oDyMaont cgt bdrHnfu , kwf
onfqhom aomreó ubv fudigvH jrwbngqhom
0ayuH ubv fubmigvbnf kra, mi MavviviH kvbnf
t b, áMimi énfqonfeuéaomabn/0ayuHqzpeHf
onf kurf*efwH qonESH nDeuéaome*Zmwduwd
t mZnenfrsmrst avmi fawmf r[mocyP ÖRvDrmrsuubv
0ayuH ubv faumif ubv frwfzpeHbnf onf kwu

0ayuH emrka ce? 0ayuHa, mi á, mi fyDcaqmi f
oziH arma[m?zGvai;-y' wái;ç,a, mi á[;a, mi fvçarm[
w&monf 0a0vdlvsnYwi aewwH\}

rowwáom arm[u xbbEáfrsn 0ayuH ubv f
a, mi áqmi f aewwbnf kvH

ubv f0ayuHyifrsáonfvnf o' gynnESHyg cHwY
jzpe&aom0ayuH ubv frmonft ajcmufwufubv frzpf



t usay;aomt cgi phtf/efay;Eh faomubvfr[kv
 avmuü t aof a&mi fnfpof Muaba& ajcmufwwf
 v&mvS/Sra&muMaom v&ajcmuf/hyáwG&hajrmMa v/
 t bdrmenfvrfuhyq&ef yD\

okwænfoubuf

okwæufsf*eft &y&yfvH---

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 u i f / s f r e , R u D o n f t c G k | t & m x | X m e E Á a c w k | e , f
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 t e r w * 3 / 4 t w v b H & m u m v ü x D # q H R u D o H y g 1 / 2 a e o m
 y k Z O f j z p E S Y b m v m c & \ ? a o m w m y w i * f b H a & m u b n E S h
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(aomreó \ t jzpf u jzqef yD\)

OayuH usð---OayuHü euðom oabn/aonH
 t jzpf u OayuH jzpaMmi heueðom oabn/aom owH m
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 o l w b n f o D r ŷ E S f i t m r & M u k f o r x O y ó e m b n O e m u H S
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p u m e u ŷ a o m a b m t q i q i f i M u k f a o m o l w
 O a y u m o n f y q e H x o m a o m r e ó u b x b o w ŷ u r o w f i
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(Oayum t usŷD)



OayuH jypf--o' gynmES hirjynpH ifuH OayuH
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 oHyg ab;RuD qHESyg cYfH dfrlueqH oG iyebnf r r v v
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 oub v x b H O p H t & d m w b n f O e y g w a b ; R u D t w G E S h
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 a o m w y w i * z v b a & m u M o n f s í t u e q b H y & A A e p H
 M o n f w á t m i f i g w b & m \ t y n b m t j p E S f s n f t N b G
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uHUG ft r s r s---p p u m ü y k Z O f v n b n f ' d d
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 b & m r s M d b & m p p R u D u H u G & a o m b O [i a w e n M
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 t x i f j r i f t , R u D o n u m p v r f s t ½ p u R u D t w i f y i f
 p u f v s u & M u e k N ? p t ½ p u R u D u m u r 0 u w m o r M
 ' d B u E S h , S b n f z p i b & m y G e r [k v a o m o m o e m y
 t c g i u m v r f v r f r s B u D i f w n f ? x t ½ p u R u D i w n f
 v r s f o m e w t r f o m j A [r c r f o m u & M u e k N / a A m ' R u D
 a A m ' d , f w N y g r D u v n f j z n M u e k N ? o H & m i u s i f v n f
 a e M u e k a o m o w N r u p B u D a y w n f ? o H & m i u s i f v n f
 M u e k a o m o w 0 g w H m p u r 0 u w n O P f k t y a o m
 o r M d r s u p d y i f t v 6 & c N ?



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 M u e f ? t cǵ a o m a w m o m a w n i b m v hǵ f rǵ e f , b m
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p r s u p d u G f q H v Q f p r s u p w p R u f u G f
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 r & E H M u e f ? b o w p b e f E S f v n f r & E H M u e f ? p r s u p d u H
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ကျေးဇူးရှင်
လယ်တီဆရာတော်ဘုရားကြီး

ပြုစီရင်တော်မူသော

ဝိရတိသီလဝိနိစ္ဆယ

သိက္ခာဂဗပာဏဝိနိစ္ဆယ

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(10) rpañ d'öyZa[, sr/

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wK t *guy&rwaZmwurnāom ckúygl t |uxm
wGft p0ft wlfyqH ayonfum ygPmwgywrñ t *g gyg?
t 'Eāi'grñt *g gyg? t jA[jēd mrñt *g gyg? rñon0g rñ
t *g4-yg? o&nygP rñt *g4-yg? OdumvabmZe t p&om
aemubuduykfi gygwKsvnf t *g4-yg4-ygpDjyqH
xmayonf

xbH[efwK qH&m220-aon0ēnf ouykyfvwK
qH&mi gygc &Sfygcq, fgaom okwēbuduykfvH t *gult
t oD&M& onfrsvnf wjcmwygaont cGESfxm&onf
r[wfy subnf rsubnfult wwft rēqHbHēft cGESh
xm&onf



tpoM

xMMni fysufysuf &mi t |uxmt &švMt pOf quf
 t csurho Oya' rIt wnfyk vmchom t *Et cšyfuH
 vufvwi [kwvvd, kvjify t qoabmrmEShajmqH
 qHwfcifiñt &mr [kváy/

xbšufysufuqHw&eft cšyt jmt *Et oDDES h
 vM&om oduykft aygfwvGf, cbvMaom Odumv
 abmZeoduykñ t cšyt *Eulñift |uxmü-

||OdumvabmZeó pwa&t *Eed Odumavn? , mO
 umvduHt aZñ [&PHt EkwaüwmwD]

[i vmayonf

OdumavnævEbnfnfjzpáp? , mOumvduHcbG f
 abmZOf Oift yg mOumvdu Owkšvvnfjzpáp? t aZñ
 [&PHvnácsmi fwGforHrEdbnfnfjzpáp? t Ekwaüwm
 t ¼t oGr [kwbnfnfjzpáp? EweponfwUm?Odumv
 abmZeó =OdumvabmZeoduykñ? pwa&t *Eet *Eav;
 ygwvvnf/

þt |uxmt *Et cšyfi ||, mOumvduH [homygfzi h
 cbG ábnZOft Oift yg, mOumvdu Owkšvvnfjzpáp? t aZñ
 rššmvQf OdumvabmZeoduykñfysukHuáMmi fç t aznf
 ½šygpaoM , mrumvduHaxmywf qOD oMmç oum
 paom owin [umvduOwkšvvnfjzpáp? t aZñ zefcgç aqç
 ušfpaom , mOZDursduHrššomfnf OdumvabmZe
 oduykñfysukHuáMmi fuljcmem;í jyawnfayonf



tpoH

xHsvygvnf ucDw&P D |uxmi/

||Oumvwm?, mOumvduwm?t aZñ[&P EAÉrmaew-
wP t *E] [i vmonf

Oumvwm? aevGonfvnfjzpáp/ , mOumvduwm?
cbG ábmZOf t Oif yg , mOumvdu OwKstvnfjzpáp/
t aZñ[&P Hrstbnfvnfjzpáp/ £wÉrmedponfvum/
{w? pOumvabnzE ouykfi/ wP t *E t *E Hg
wvnf/

pt |uxmyXfvnf]], mOumvduwm)[homyXfzi h
, mOumvdu OwKst onbm ouykfsu&mt *Ezpfkuf
aMmifç, mr-owin[-, mOZDu-OwKst wbnfum ouykf
ysu&mt *E [kváMmifulyawmfayonf

xHsvygvnf raem&xy&P Dt rnf/áom wdu
t *E wkt |uxmi-

||t wduáEÁZñEá , mOumvduó t aZñ[&P H
OumvaxnzEhr} [i vmayonf

rZñEá? rÉfwnháomt cgonf t wduáEÁ vÉfyD
onf/áonf, mOumvduó?, mOumvdukt aZñ[&P H
rstcifonf OumvabnzEhr? Oumvabnzernf/ /

pt |uxmyXfvnf----], mOumvduó }[hom
yXfzi hduykfsukháomt *Ei , mOumvduOwKst
onbmt yg OifzpaMmifç, mr-owin[ç, mOZDu-OwKst
wbnf t yg Oif t *E xháMmifulyawmfayonf



tpoH

xHsvygvnf aift | ux müyi fv Qf

|| bÍ E v AÁ | eo AÁ, m0umv du HabmZeEÁ 0pövÞ
[i v mayonf

b0E v AÁ | e=rK yáont eu fá Mimi h o AÁ v Þ H om?
, m0umv du H, m0umv du 0w k s u H abmZeEÁ abmZe [i ?
0pöve q t y f /

þ t | ux myg | fzi fv nf, m0umv du 0w k s k on b m
ou ð y k f s u & mt * Þ z p k u fá Mimi fç u i fa om u m v o H s t
ou ð y k f s u & mt * Þ r z p k u fá Mimi fu h j c m e m í j y aw n f l
ay on f

xHsvygvnf aift | ux müyi fv Qf

0du mav , m0umv du ó abmZeHt aZÑ [& P H
0du mav abmZeH [i v monf

0du mav = aev á ont cgi? , m0umv du ó = , m0
umv du 0w k s u H abmZeH aZÑ [& P H r ç i fon? 0du mav
abmZeH 0du mav abmZernf / þ t | ux myg | fzi fv nf 0du mav
abmZeou ð y k f s u & mü a e m u f u m v du o H s t on f y g O i f
t * Þ [k v fá Mimi fu h j y aw n f h y on f

t * Þ v & # D u m R u t x l z G f u s u f & a y / x H s v p y g v n f
om & w - Þ e Þ D u m r [m O g t z G f i -

b0E v AÁ | e abmZeH m* b o w a i du Ho AÁ m0umv du
0w k 0du mav abmZeH 0du mav abmZeH



tpoH

bDwAA|e=rK yäont euäMimi habmZeH abmZeH
 rnN?, m*lowin' duH, m*kri fpaom? oAA v HbHaom?
 , m0umv du0wK sKulst' cifon? Odu mv abmZeH Odu mv
 abmZernN/

þ#Dumy|fzi fvnf, m0umv du0wK onbmodu@ykf
 ysu&nt *g'pâMimif <uifaomumv du oHst' onfodu@
 yk fyu&m t *gt cstyfvGt ygt Oif [kwâMimi ful #Dum
 t &S fyawnf hayonf

xHsvpygvnf si#Dümüyif

]]0du mav , m0umv du0wK t aZñ [&P mwd
 t awn]] [i zGfyawnf hayonf

Odu mav =aev fäont cgi?, m0umv du0wK = , m0
 umv du0wK ut aZñ [&P mæst' ont cgS £wep onfv Q?
 t awnæt eufvnf/ þ#Dumy|fzi fvnf , m0umv du
 0wK sKulst' onbmodu@ykf t &mr [kwâMimi ful
 jyawnf hayonf

xHsvygvnf si#Dümüyif vQf-

Odu mav abmZeHt aZñ [&P H0du mv abmZeH uó
 ye t aZñ [&P EA , mrumv dum' D Ht Ekmuw in
 Odu mv abmZeó o' ó , m0umv du t aZñ [&P
 edA'Svan, m0umv du ó mwdOhm, w]] [i vmayonf

Odu mav =aev fäont cgi? abmZeHt aZñ [&P H
 st' cifon? Odu mv abmZeH Odu mv abmZernN/ uó



tpoH

ye=t b, fumvdu0wkuH t aZññ[&P Hrsjci fayenf/
£weþum t ar;ypäwnf/

, mrumvduñ ðH, mrumvdu t p&ðomaemufumvdu
oHrskwkuH t Ekwwä=æv ðont cg pmaomufci fi §
cGjykwñf hayaomaMimi ðOumvabmZeó o' ó = Oumv
abmZeó' ð\?, m0umvdu t aZññ[&aP=, m0umvdu
0wkuHrsjci ft eufi? ed&wsvä=xifbnft jzpaMimi ð
, m0umvduó =, m0umvdu0wkuH t aZññ[&P H
rsjci faywnf/ £weþoñ ðohm weot yñ/

(t ar;t ajz t aMimi f, kw&svuG aot csmvmaom
þ#Dumygfzi ðvñf OumvabmZeoduñkyfsu&m, m
umvdu paom aemufemufumvdu oHrskwñqññMimi fuñ
obmvsyonf)

xHsvpygvñf ði f#DümüyifvQf

]]t wawmye um, 'G y0wañ Oumav, m0umvdu
t aZññ[&P apwem OumvabmZeEäa0' dvaÄñ}} [ð
vmayonf

t wawmye=vñ ft euf mjziñ um, 'G y0wañ
um, 'G üzpaom? Oumav=æv ðont cñi?, m0umvdu
t aZññ[&P apwem, m0umvdu0wkuHrsjci omapwem
on? OumvabmZeñ OumvabmZernñ/ £weþoñ
a0' dvaÄñ=ot yñ/



tpoH

þ#Dumyglzi fivnf, m0umvdu0wKfKonbmodu@
ysu&nt *g ppjzpaMimi fubot yf dyonf xHsvpygvnf
Odw0dem'edt rn&son#Dumr[m0gEü t zGfi-

b0wAA|e abmZeEA£ 'HoAN, m0umvduHOöpövd
Odmav abmZeaZñ[&PH0umvabmZeH[i qHyonf
abmZeEA£ 'HabmZeH honppumuh b0wAA|e?

rk yâom t euâMimi h oANt vHHom', m0umvduH
, m0umvdu 0wKfkuH 0pövd qH yf/ OdmavaevGom
t cgi? abmZeaZñ[&PH, m0umvdu 0wK kH yâom

abmZofuHscifonf OdmvabmZeHOdmvabmZernf/
þ#Dumyglzi fivnf, m0umvduonbm oduykfysu&nt
t *gppaMimifxifvifayonf xHsvpygvnf&if #Dümü
yifvQf

Odmav, m0umvduó abmZeHt aZñ [&PHg
OdmvabmZeH[i qHyonf

Og wpénfum/ Odmav/ aevGont cgi/ , m0
umvduó ?, m0umvduuh abmZeH aZñ [&PHscifonf
OdmvabmZeHOdmvabmZernf/

EsénfpD EsénfpDbGMayonf sn abmZem o' guH
abmZODwK[mwptfus, Monf?scifu&d ma[mwptfus
, Monf

vWfnbnf usf*epumrkuH rurPfusiuukP
xHMihi aznfubonf xkwfyNdaom t |uxm#Dum



tpoH

RuRsvpyg wpcmaom t | ux nRuD #DmRuDwHrlum
 OumvabnZeouykt t euHornombGMuebnf
 /prQompum&yfwzi hit | *Dyobnbnfa&m*gl hom
 a*vnt aMimi fr1/2Bvsuf aevDyDaemuf aq;aomuf
 ucfpmrLulykbnf/aomOumvabnZeouykyfysufnf
 rysufnf homt ar,ybäu aq;ucl[hom, nOZDu0wK
 onf ouykyfysu&et *fwcl t ygt Oi fr[kwäMimi ful
 ajzqHlubnf w&yf

t csh , l... t cshonOepä pma[mi frsmüum
 t aMimi fr1/2Bvsuf aevhont cg aemufum vduoHyguH
 pmaomufbnf/aomOumvabnZeouykyfysuäMimi ful
 t qygaMonf

Oepä a[mi fwH ygaonH wlf , clumvüvnf
 t cshomq&mwH , lMueH/

, Mykum pOumvabnZeouykt &mi &[efESHl
 t qH jwfxljcmuclfr1/2bi h&[efrst mywbi h/Q
 vrsouykt yufqHrnf

si fygydawnft emwO&rsnfnf--

t emywd , mrumduHowin[umvduH, nOZDuH
 owdypä, bDövd[l a[mawnfrayonf

t "yü f... t xufgygydawnft t "yü fum &[ef
 wH m aevhont cgaemufumvduoHyguH m[n&t uH g
 t uychQf'kuHt mywbi h rshvQfrswHfrswHf 'kuHf



tpoM

t mywbiln qvbn? aemufgVawm\ t "vj j lum t azmf
 &nrs[hom , mrumvduulrGvbfci ft aMimi fES h
 aomufh ont t mywroi hax mywf wi fpaom owa[
 umvduu k ifc ZDzlo Q Q t p&hom, nOZDu u k ifc t em
 a&m*gl hom a*vnt aMimi fES h h aqmi ch ont t mywf
 roifq vbnf

x lumvduo Hskul i ft aMimi fr&J ael v ont cg
 o h aqmi ch v Q bi hom ' k u ft mywbnt t jcmuvni
 oi h ont mywf [kw? OdumvabmZeodu yk\ O bifu
 x G h ont mywji f jz p ayaoma Mimi f OdumvabmZet mywf
 yi f jz p bwnf/

x h Mimi h | ux mw d o E d paomodu yk f sm o
 a&mu h ont cg x h mywfu h OdumvabmZeodu yk f
 jz p bi bnf kt q y g ownf/

x h k ft mywbnt & [efw k m OdumvabmZeodu
 yk ES hoi h ont myw jz p ch v f n f x h mywf & m v w f n
 v n f OdumvabmZeodu yk f t ysuf [kw v m/

t vlyformOybbnf- & [efw k OdumvabmZe
 odu yk f ysuf * g w f aemufumvduo Hg ygoi bu b
 v w k OdumvabmZe odu yk f ysuf * g w f aemufumvdu
 o Hg ygoi h Mimi fu h n f t em x y P h o a | ; R u \ v y f o m
 Oybbn O w k on fou h o y i f w n f/



tpoH

xOylobnft m nOfi cgi avema&n*g t jyi ft xef
 jzpáv \? aoa|;RuDd pwk"Luhaomufg kay;avaomf
 t &SfwHomuMygukf\avm[kar;ay\?i gwHst ema&n*g
 r&f raomuMonf[kqhaomf wpáeV HVOyk&aom
 t &SfwHSraomuMonfuhæKuDurQyob&aomt uElyf
 raomufgyD ky, fav\? xhOfiyi k&H&n*gzihaoqH
 ¼kuZDfewfzpáv \

þum aoa|;RuD\ vlyfbmOylobnft 0wKvnf/

þOwKi gwHst ema&n*g&f raomuMonf[hom
 aoa|;RuDpumuhxmuft vlvK0dumvabmZeodufykf
 t ysuf *GwGf aemufumvduoHygyoi hMni ful oom
 vðnf[kvávm/

t xufuxkfychoMt |uxm#DumvH, nOumvdu
 ubmqMonfsvnf, nOumvdu0wKuhævEomt cg
 r&KvQft aMni f&f&f ra&G&f uEadu@ykyfufawnton?
 aemufumvduoHygubr&miuMt aMni fr&fHfysufayon?
 t aMni f&f r&ayvQfysufay?þoHuefsuf[kvft aeuef
 ysufzpayí t ysuf *GwGf aemufumvduoHygubr&mi
 rqMayonf[k, hysxH |uxm#DumEst emxyD0wK
 ndGvMnrf[kvávm/h

xHMi hit aMni fr&fJ aevYDaemuf aq;aomuf
 u&fpmrbnf0dumvabmZeodufykf ysuf yt Oi pi pfp
 {uefzpbwnf/



tpoH

þum 0ybönfw m a*vn t aMini fr&J aq;
aomurf u&fpmrLu ounykf ysuf *Hyk ajma[mM
uk&omq&mwK t vHywnf/

t ajzuHqhyt H . . 0dumvabmZeounyk fonf
t v&aygomyP 0Z&ounykzpbñ? o&myeounykf
onft v&äv; aomavmu0Z&ounykRuzpbñf

x&omye avmu0Z ounykRuzsmüyif&[efw&ñ
t mywbiw&f v&w&ounykysubñf[w&f

x&Mmi hyA&Ëü t |uxnü-

rZygae ye bu&em t Zmedw&ydAZawm y|m rZ&E
Oyó yg&w& HomraP&m Zmedw& 00a&A& ðab' H
t myZ&E& et Zmedw&? omraP&meHrZygaeHop&w&H
yg&Zu0w&t , Ha&omaom[i re&ñf

rZygae ye=ao&n&o&u&omurfium? bu&em=
&[eft m? t Zmedw&yeao&n&rs&f&ao&ur&sf&ro&li vnf?
AZawm=aor&aph&sy|m =pí ?rZ&Eao&n&o&uf&ly&0&Ë =
aomurf&on&omf yg&w& Hyg&w&t mywbi&ñ? om
raP&=omraP on? Zmedw&=ao&n&rs&f& ao&uf
rs&fo& omv&?y&0&A&=aomubn&omf ðab' Ho&Dysuf
jci fo&?0g&ounykysufci fo&ñ t myZ&E&am&ñ? t Zmedw&=
ao&n&f&ao&ur&sf ro&li ?y&0&A&=aomurf&on&omf
ðab' Ho&Dysufjci fo&?0g&ounykysufci fo&ñ et myZ&E&
ra&mu? omraP&=omraP w&ñ? rZygaeHao&n&f



tpoH

ao&uáomufbn?opváiHopváiuzpáom/ y&gZdu0wH
y&gZdurháwnf/ t , Hponfum/ Oáoam? &[ef
omraPt xlaywnf/ (t eu)

pt |uxmü omraP uqubzi fvwfsvnf ao&nf
r&f ao&urf&fod aomurf&maqmu fwnáom ou&ykf
yubnf| homt eubnft v&ki&sn avonf **w&yf**

xaywü wkvü HoÁáe0 a*geum' Dd&wey&óÁÁ
wmeýd0YÉÁ (oD u&ef |uxm)

wkvü Hvü bGváont cifuü xaywü? c&fx m í ?
oÁáe0? t vHómv Qzpfukháom/ a*geum' Dd a*geu
t p&ukháom r[mo, et cifwü bN/&wey&óÁÁ wmeýd
&wenwü fcsyf yufháom/vnf/ 0YÉÁ t yuf&nf/ (t eu)

okvÉÁ' oem, ye * [|meýd0aoe OkváinawoH
o*H PwH xaywü wkvü HoÁáe0 a*geum' Dd
&wey&óÁÁ wmeýd0YÉÁ wdkvÉÁ ya&/ (oD u&ef#Dumopl
om&w'-DeD)

okvÉÁ' oem, ye? okváin&á' oemawnfúum/
*[|meýdv Dyobnfvü vnf/ Oaoe? t p&fizi H Okváin?
a[mawnf&vaomaMimi H awoH xü Dyobnfvüü
o*H PwH pö, er[mo, eou&ykü oNü á&wG&fif
i&f/

xaywü wkvü HoÁáe0 a*geum' Dd&wey&óÁÁ wmeýd
0YÉÁ wdkvÉÁ xaywü wkvü HoÁáe0 a*geum' Dd &wey&óÁÁ



tpoH

oAdmeyd0YEA[i OkwHt |uxmq&meK? £wd p oH
t ya&? wpygaomq&mwbnf 0' Eäq ueN/ (t eu)

Oenft |uxmü &wenjzi hsyf yufeom a*geu
paont cifwbnf&[efwH mrt yufe[qH/

xHMmi fokvæf |uxmü &wenjzi hsyf yufeomf
vnf t yfgueN [kqbnfrsn vDybbnfwH&ni
qbnf lbnf

p#DumwHxmuhomf Opüo, eoduykfrsnf
&[efwH mywbi hvf vlvHsnouykryuf kot ybnf

poHomt |uxm#DumrmuHxmu f vl&[efESD
qHMaomoduykph &[efwHnt mywbi homt rlvf
vlvHsnouykft yuf, bn?&[efwH mywfrsnOenfawnf
t &njzpbnf? vlvHouykft yufsn okvæf &njzpbnf?
okvæf |uxmwH jyqHomt *gHnGvfSt yufqHrnf k
obmvayownf/

pQom pumwHzi hOumvabmZeoduykft &mrH
&[efESHlt qH jzwfxljcmuGcif rH/bi h&[efwHsn
t mywbi hvfvlvHsnouykft yufqHrnf homq&mwH
t, ulajzvubnf **wp&y!**

OumvabmZeoduyk&ifu aevHont cg, m0
umvduwHvHvQfygvt mywbi bnf t aMni frHBJ
aemufumvdu oHygvrHvQfifoduykH t E&mywOü
'kuffoihMmi hvmonf t E&mywO&rnbnf ouykf



tpoH

t oDt jcmv m/bn? t E&mywDg üv maom 'ku#f
 t mywbi f/Qfi f0dumv abnZerlv odunyk&ifysuYD I
 &[efwFsn yifrqbm/

t E&mywDg&rnbnf yg&Zdu odunykBUD av;yg
 wFsnf vmonyifzpbnf yXryg&Zdu odunykBUD
 t E&mywDg&üv maom'ku#f mywf, foi E&QESfyXryg&Zdu
 odunykBUDysuYDyg&Zdu usYDrqbmay/

xH wI--' kvd ç wwd ç pwkwyg&Zdu odunykBUD
 wlv maom'ku#fxk'pönf t mywf, foi E&QESfyg&Zdu
 odunykBUDysuYDyg&Zdu usYDvzpbYDqbmay/

oEm' obfodunykBUD13-ygwlvnft E&mt mywf
 i, ft oDt oD vmonyifzpbnf xH E&mt mywf, f
 oi E&QEShrv odunykBUDysuYD oD OywdquYD Ok me
 ukluYDy&OofmewkluYDqbmay/

xH wlt aMmih/bJaevfom t cgemufumvdu
 oHygulsrd &[efwFsn t E&mywdu#bi E&QESfodumv
 abnZerlv odunykBUDysuYD I rqbmay/

rv odunykBUD t ysuft *Evgf, n0umvdu0wKubm
 jyqMaom t |uxm #DumwESt nDaevfom t cg, n0
 umvdu 0wKursom Odumv abnZe odunykfyubnf k
 qkluayonf

okvef mOdumv abnZe odunykfulaqmufwnfom
 vlv sr lum xH E&mywDg&üv momaemufumvdu oHyg



tpoH

t wGft ysuf *grwHlay/ pum &[efwHst aMini fr1/BJ
aevGont cg aemufumvdu oHyguHrskd t E&M
ywD&rsnvmom 'ku#ft mywbi h.v Qf vlvHsnvf
xHmvd uoHyguHxEnft wl rskh Qf OdumvabmeZ
odu@ykyfsubnfqHont , ulajzqHsufwnf/ **wp&yf**

t emxyP foax;---0wKi pwk"knbnfaemuf
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oaX;ri fBUDwH oHqmi Myg\avm [kr;av&m igwHsn
t em&n*gr1/8 roHqmi fMionf[qH oH **oaX;RuD**
pumwpfcsu!

wp&uf/Hv H0yb&aom oaX;RuDwHsroHqmi M
vQfaek uDufQOyb&aomt uEkyvnf roHqmi fgyD k
vkifu qH oH pumwpfcsu!

xEScsufvGf oaX;pum uHaxmuf aemufumvdu
oHyguHt aMini fr1/BJ aevGont cg oHqmi fv Qf
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axmufkmi xHvkifbnfa*vnt aMini fxi fsn1/8 suf
pwk"kuH roHqmi fbt oufult aocHv&um t aMini f
1/8 onfvnf roHqmi &? oHqmi fkv Qf odu@ykyfsubnf[k
, lyaHnvmqHef

a*vnt aMini f1/8 suES hroHqmi fbt aocHom
xHvkif rHsn odu@ykyfsubnf aMini hroHqmi bnfr[kvf
odu@ykyf avmygr aMini hroHqmi &on? odu@ykyfult



tpoM

t ourfQu 1/4hovs om o' gw&mt wGif oububm
jzpáyonf kajayv dhnf

xH cg [kvf yD ouykyfrysuáonfnf avnlyg&ef
t cukif xH kvifbnfroHqni bubaX;R;Dsmvnf
avnlyg&ef wGáMimi fyi froHqni Ma yon? ysu&ef
t wGáMimi hroHqni Monfr [kvf qbnf/áomf
t ysuf *GwGf, nOumvdu OwKubmjqMaomt | ux m
#Dumr mESv nf waj;wnf nDGM onfr [kvávm? ysu&ef
t wGáMimi froHqni Ma qbnf k áomf, nOumvdu
OwKubmt *G ckyfyf x mMaomt | ux m#DumwES h
qeUsi &monfr [kvávm/

(xH Mimi hOwKouáoqbnfrsn o' gw&moWduf
jzpMon?ouykyf t ckyt *GonbmyrmP jzpáyonf
p um t emxyP OwKulajzqksufwnf/)

, nOumvdu OwKsn---aev áomt cg a*v n
t aMimi f 1/4bnfpápc r1/4bnfpápc rkvQft mywf {uef
oi hwnbnfpf t ysuf *GwGfyayon? aemufumvdu
oHfrsr lum a*vncyyg t aMimi fr1/4BSt mywbi hnf
t aMimi f1/4 rkvQft mywfoihpou mywbi h{uef [kvf
t aeuefzpaomaMimi hit ysuf *GwGf ryayonf hom
pumrsvnf ouykyfwn t ckyt *Gnbnfysu&ef/BrQu
c&onfr [kv?, nOumvdu OwES hwayg fwnf rcyfom
vQfowK mavspncaomf nf ckyon?, nOumvdu



tpoM

OwK nř rŝapç aev nřv Ēpç t aMimi fv nř ui fapç rŝapç
av; ygw p&yl

uifaom umv dıo K ygw Ğf wpygygv nř jzpâpç
aev nřv Ēpç t aMimi fv nř ui fapç rŝapç av; ygw p&yl

þoĒĒ aonfv nř cŝy&onř ysu&e/s broukce&onř
r[kw? bW nř t cŝyř/ŝh xMimi ĩt mywbi ĩř ouŝykf
ysuř ĩt aeuef jzpâomaMimi ĩrygonř [kw? ouŝykf
ysuř yifr [kwâomaMimi ĩrygav ownř /

(þwĒâ/Ēum Oykbônfv Ē t aMimi řr/ĒJ aev Ğ
uĒřpm aq;Ogç aq; aomuř řm onř ūdumv abnZe ouŝykf
t ysuf *ĒwĒft yğ Oif [kwâMimi fulajzqĒ ūâont cef
ŶD\)

'kwđ yþājzqĒsuf

arxĒif, Ēlepřyğ---t ñĒt *ĒwĒf yğ nř yğ nř
ar;&mi/

, cumv 1/ŝŝ rōomyk ZOfv 1/ŝ& [efwĒ onř pōnř
t ñĒt *Ēřsv Ğv ĒavpĒ t ñĒt *ĒkullOokĒi *řm vmonĒ
t wĒř qĒ ūř ĒarxĒif, Ēlepřyğ řrv Ğv rui faom onř
onř ñĒaom onř rñř / arxĒif, Ēlepřyğ qĒ onř um---

1/ rmwkum \ t eift Ēyřt qwř e, ūĒom m
jciř wpyğ/



tpoM

- 2/ rmwkmrES fvu&, ÉG f¼TEG f uð, f uðm
ajmqbom, nci fwpfyg/
- 3/ rmwkmrES hit csi fci f pefpefpupuf Mm nM
om, mrlwpfyg/
- 4/ rmwkmr\ t oHtt eðt a0;uMm&i om, mrl
wpfyg/
- 5/ a½Sa½Saomt cgu rmwkmrES haysngblonful
t rsv&i wat muârarbom, nci fwpfyg/
- 6/ wpygaomolwMrmwkmrES haysngi aeonf
uðri f çMmí om, nci fwpfyg/
- 7/ , chapnik efaom OybðD \ t usul aemi f
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t rbnfvnf/ jA[P&d ó ? OybðD [kqkt yaom
jrwaomt ush/c@ruðonfvnfrnN/qdriðayubnf
vnfrnN/ oAvrðMmibnf usmonfvnfrnN/
urnorðajmubnf usmonfvnfrnN/ (owedygw
t *fwkygdwnf)



tpoM

þoM maomyVdwnfrwfuESV k mī wpæVp&ufQ
aqmī k ef&aomoD u k k k p f g a o m n S E G f c i f r S u i f v G v f
pi Mi, āpji fi ſ g Oyko h e M wpk y p m x r i f u h p m a p m p m i
Oyko f H N y a e m u f w p a e y w f / H r m w k g r w E S f r a w G r j r i & ç
t o H u m u t Q r M m & a o m a e & m i a e j c i f i ſ g o i f r w f v S
a v o w n f /

x k S v g v n f /

t y & m p a u m " m ç Oyema [m ç r a u t ç y V m a o m ç
£ ó m ç r p & d H r m m ç o m a x , H x a r ç r m a e m ç t w d m a e m ç
r a ' g y r m a ' g w t m i D H E k Ü d m /

[h o m O o k i t * E S t n D a u m " ç Oyem [ç t p 1 / 2 a o m
y g " r w E S h v G v u i f r S t u s t a y g u f t a j m u f t u s m
v G v b n f k q l y e a o m M i h

n S E G f a M i f r m . . . a u m " = t r s u f k G u f Oyko f
u s j c i f w p f y g ? Oyem [= & e n S l G Oyko u s j c i f w p f y g ?
r u o l a u s Z l u h c i Oyko u s j c i f w p f y g ? y V m o = o l w p f y g
t n H z i f j p a t m i f y k Oyko u s j c i f w p f y g ? £ ó m = o l w p f y g
u h j i l p l Oyko u s j c i f w p f y g ? r p & d = o e f w l Oyko u s j c i f
w p f y g ? r m m = r t d 1 / 2 a o n t j p f u t z k G f r a M i h Oyko u s j c i f
w p f y g ? o m a x , s r t d r 1 / 2 a o m * P u l t 1 / 2 y k j y c i f a M i h
Oyko u s j c i f w p f y g ? x r ç u l f n G v k h a o m u t r u l f n G v y k
j c i f a M i h Oyko u s j c i f w p f y g ? r m e = E S / H a e j r i j c i f a M i h
Oyko u s j c i f w p f y g ? t w l m e = E S / H a e t v G f r i j c i f a M i h



tpoH

Oyko fusi fwpfyg? r' = rnef p fci faMimi fOyko fusi fwpfyg?
 yrm' = arhav s hMimi f jzpaom t zif t acsft aomh O Gf
 wUu j yfci faMimi hOyko fusi fwpfyg? t wUu be=rhd
 bufuU jruf onj fci faMimi fOyko fusi fwpfyg? y&0 rē=
 olwpygbu fUu , kwf nHy fci faMimi fOyko fusi fwpfyg?
 eUu = olwpyguU r s u f u f u u u u fci faMimi hOyko fusi f
 wpyg? * & [m = olwpyguU r s u f u G f i u u fci faMimi hOyko fusi
 jci fwpfyg/

poH p / s onzi fOyko fusi fwpfyg? nE G f e f y g " wUu
 t v e f r m j m u e f o n f x H M i m i h , c k u m v j r i f r i b r a o m
 v l v s f s f y k z o f w N o d o n f t n s t * r s v G f c p k
 q h y o n f

Oyko fusi rI 2- rsi ... Oyko fusi fonf E s f y g 1 / s /
 c h a q m u f w n f r y s u a t m i f u s f c i f w y g c t u s t m e d i b o f r f
 z i f / H Q u s c i f w y g / x E s f y g w v G f x k h b u y k w H j y t y a o m
 t y u f * r j y n p h t m i f v e U s r b n f c h a q m u f w n f r y s u f
 a t m i f u s f c i f r n f / j y q h n y d a o m a r x e f , f k e p y g w G f
 w y g y e s h n p e f r t j y q h n y d a o m y g " r w v G f w y g y e s h n d
 p e f r b n f t u s t m e d i f o r f z i f / H Q o m u s f c i f r n f /

a * v n t a M i m i f r / s J a e v G u f p m c a q ; O g c a q ;
 a o m u f b n f x H r U o m m a o m u d v o m r y i z p a c o n f
 x H M i m i h t ñ r p k v G f y g i & m a o m t c G h s o n z p i t e m
 a & m * g l h o m a * v n t a M i m i f r / s J a e v G u f p m c a q ; O g



tpoM

aq;aomufLuljKbnf/aonf OdumvabnZe oD Oykof
ñlonf t usŧ mebf nHbnf l qkayrnf

xHrSwygvnf-t yPävnc oEÄ dvmç oav'cwm' DĤ
*P meHyÜd mo*F dwm[homObküt*ES fi nD

t venfjci fç a&mi Bji fç acg fyjci fpaom*P fwES fi
, Sšom oDrSt usŧ t aygufrv Gvbnf xHrP ES fr, Sfrl
r[pävnc t oEÄ dvmç t oav'cwm t p1/2šom t jpfwES fi
, Sfrjefrlt usŧ t aygufrv Gvbnfbnjzpf/

r[pävnc? rrdt usi fukowwygwHOMmapvH xi f/si
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t oEÄ dvmç? , kvfnHont Owfç , kvfnHont pmç
, kvfnHonjruf ci fç opf/Guf ci fç ponfvH a&mi Bji fuH
rykI t Owāumi fç t pmaumi fçanni āpni farUç urĀm
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t oav'cwm? odumykt ysuf *g vGv/HQ m&i
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o*P dvn&mrwm? t ayg ft abnfi arv Gvbnfi wGuf
Oyko fustjci/

bó n&mrwm? olawnāumi fw&mrSt vGvzpaom
pumūarv Gvbnfi wGufOyko fustjci/

pōM p1/2bnzihovñHr OykoñHr bnft v6yif
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tpoM

þpum&ywziz h--OylofH Nyaomaemufi opácuf
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paont y&m ae&maumi frsk aer v f y if aq;aumi fç
uGfaumi fç vbuáumi frsk aev f aont cg aq;uGfrsk
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orçnf0ykfufsk rsnf jzpbwnf/

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&[efw h o D ü O en f ES hv h fwmí t mywfv Gvf/HQ
apmi k efv Qft yufv Gv h ? t n g t usk r v Gv? q ENyaom
yg" r w h S v Gv u i f p i M, f a o m o D o n b m v b D j z p á p ç
&[e f o D j z p á p ç t E G f t ñ d t usk t a y g u f t a j y m u f u s m
u i f / s f a v o w n f /

cybortfaom yk K0fbw0gw h onf Ek v \$0f cgi þuh
o h o m t usk t a y g u f t a j y m u f u s m u y i f t j z l t p i f
t a u m i f t j r w y k y i w p b 0 x u f w p b 0 & i b e M i a t m i f
u s i h q m i f m x k v M i & u e b n ? & i f r m a o m b 0 o h a & m u M i r S
t x G v t x d j z p á o m o D o h a & m u E h M i u e b n f



tpoM

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aomuf qH jzwbn? o | dr0aó =1260-jyn E.Şü?
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OdunvabmZe odunykf

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